



CRETA LUXURY CRUISES

MENU LADY ROULA

TRADITIONAL

Cretan Salad
Mixed Salad
Potato Salad
Zucchini Pie

Dolmathakia (vine leaves stuffed with rice)
Tzatziki (dip of yogurt, garlic and cucumber)

Three of the following main dishes:

Chicken kokkinisto (tomato sauce)
Lamb fricassé (stew in sauce)
Lamb kokkinisto (tomato sauce)
Mousaka

Pastitsio (baked pasta with béchamel sauce)

Traditional Risotto
Dessert and Seasonal Fruits
Wine, Beers & Soft Drinks

All ingredients are local, biological and cooked the traditional Cretan way



CRETA LUXURY CRUISES

MENU LADY ROULA

SEAFOOD

Cretan Salad
Mixed Salad
Potato Salad
Zucchini Pie

Boiled Shrimps
Octopus cooked in wine
Seafood Spaghetti

Roasted Fish
Dessert and Seasonal Fruits
Wine, Beers & Soft Drinks

All ingredients are local, biological and cooked the traditional Cretan way

